Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Sunday 23 Jul 2023 until 23:59 on Monday 24 Jul 2023

Forecast Issued on Saturday 22 Jul 2023 at 15:56 by Met Office Aberdeen

Confidence: High for a mix of sunshine and showers at times over the coming days, lower for detail of rainfall from Wednesday.

Headline for Sunday 23 Jul 2023: Sunny spells and scattered showers at times on Sunday.

Mountain weather hazards on Sunday 23 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Cloudy	Sunny intervals	Sunny intervals	Sunny intervals	Light rain showers	Sunny intervals	Sunny intervals
Precipitation probability							
10%	10%	30%	20%	30%	40%	30%	10%

Forecast for Sunday 23 Jul 2023

Weather: Patchy cloud and sunny spells throughout much of the day. Scattered showers pushing southwards during the afternoon but these generally light. Late sunshine to end the day.

Chance of cloud-free hill tops above 800m: 80-90%

Low Cloud and visibility: Few/scattered low cloud, base 700-800m, at first, lifting by early morning. Visibility generally good, temporarily reducing in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 23 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	16/23 E	19/25 E	27/35 NE	26/35 NE	19/27 NE	19/27 NE	19/26 NE	17/23 NE	13/18 NE
900	16/25 E	17/23 E	22/31 E	21/29 NE	16/23 NE	14/22 NE	15/23 NE	13/19 NE	11/15 NE
600	17/22 NE	22/28 NE	24/31 NE	22/30 NE	17/24 NE	19/26 NE	18/25 NE	16/21 NE	12/16 NE
300	8/12 N	7/12 N	12/22 NE	13/22 NE	13/21 NE	13/21 NE	14/24 NE	7/15 NE	6/11 N
Glen	10/21 NE	10/21 NE	8/17 NE	11/21 NE	11/21 NE	10/18 NE	11/21 NE	7/16 NE	5/11 NE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	5/0	4/-1	3/-3	4/-2	6/1	6/2	5/0	4/-1	2/-2
900	6/2	6/1	6/1	8/4	10/7	10/7	9/6	6/3	4/1
600	9/6	8/4	8/4	10/7	12/9	12/9	11/8	9/6	7/4
300	10/9	10/8	11/9	13/11	15/13	15/12	14/11	11/10	9/8
Glen	12/11	12/10	12/11	16/14	18/15	18/16	16/14	13/12	10/10
Freezing Level*	2100m	1900m	1800m	1700m	1900m	2000m	1900m	1800m	1600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of unseasonably cold feels like temperatures at height.

Forecast for Monday 24 Jul 2023
Weather: Mainly dry with prolonged bright or sunny spells on Monday. Heavy showers arriving from the northwest into the evening.

Maximum wind: Northerly 10-15 mph

Chance of cloud-free hill tops above 800m: 90% lowering to 70% later in the evening

Low Cloud and visibility: Few/scattered low cloud in association with showers later in the evening, base 700-800m. Visibility generally good but reducing to moderate in heavier showers.

Temperature: **Glens:** Plus 3 rising to plus 9 Celsius
At 800m: Plus 8 rising to plus 17 Celsius
Freezing level: Above summits

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